****

**AVSLUTTENDE OPPGAVE**

**HMS – VERNEOMBUD**

Skriv navnet tydelig med BLOKK bokstaver

Dato :\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Navn :\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

F.dato:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Adresse:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Telefon:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Bestått: \_\_\_\_\_ Ikke bestått \_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Instruktør

Avsluttende oppgaver HMS-kurs for Verneombud

1. Hva skal, ifølge «Forskrift om systematisk helse-, miljø- og sikkerhetsarbeid (Internkontroll)», dokumenteres i forbindelse med HMS-arbeidet?

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1. På hvilken måte arbeides det med arbeidsmiljøet i din bedrift?

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1. Hvordan håndteres konflikter og kritikk i din bedrift? Hva mener du er i viktig i konflikt håndtering?

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1. Hva er lederens, og hva er den enkeltes ansvar i konfliktsituasjoner i din bedrift?

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1. Hva vil det si å være en god leder? Hva vil det si å være en god kollega?

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1. Beskriv en risikofylt arbeidsoppgave i din bedrift og risikovurder denne.

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1. Hva gjøres for å forebygge sykefraværet i din bedrift?

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1. Hva gjøres for å øke arbeidsgleden og nærvær på arbeidsplassen din?

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1. Hvem bør være med i utarbeidelse av HMS-handlingsplan i bedriften?

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1. Hvilken paragraf i arbeidsmiljøloven skisserer verneombudets oppgaver? Beskriv rollene til verneombudet.

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1. Det er utfordringer i arbeidsmiljøet hos «din bedrift». Utfordringene er belastningsskader i føtter (de ansatte står mye), psykisk belastning og konflikt mellom 2 av de ansatte. Bruk «Handlingsspiralen» og utarbeid en handlingsplan for å løse disse utfordringene.

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1. Det er en ansatt i deres bedrift som trolig har et «rusproblem», hvordan vil du som verneombud håndtere dette og hva er viktig å tenke på?

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Bruk ekstra ark om nødvending.

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